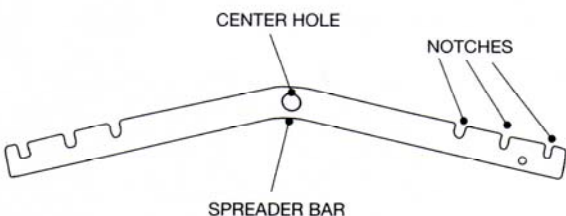
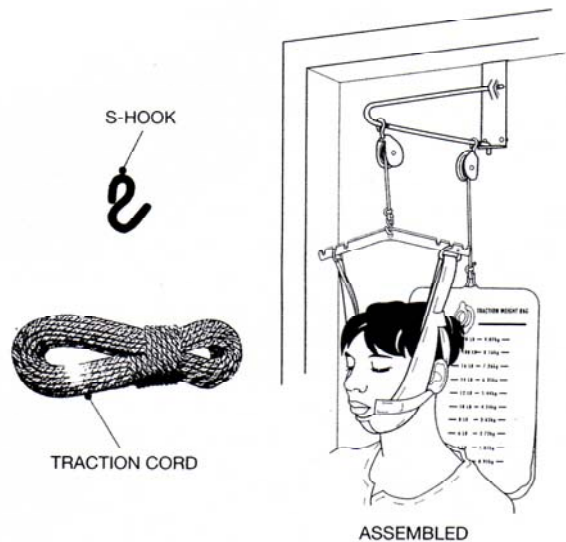
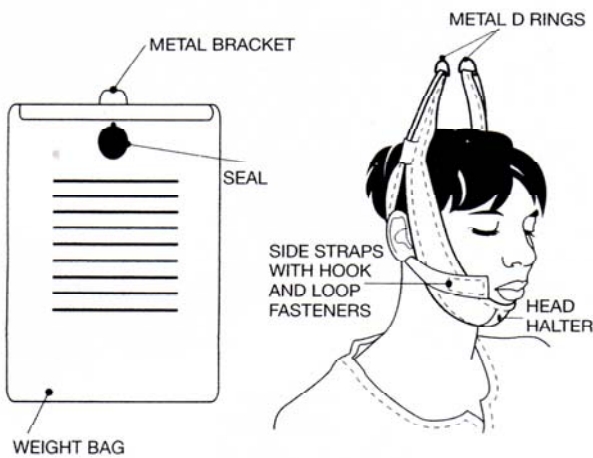
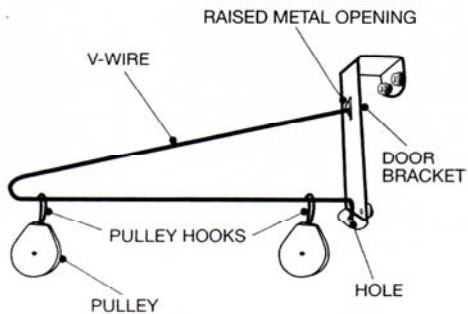


Item No. 2014  
534-2014-0000  
**Over-Door Traction Set**

**ASSEMBLY AND USAGE**

**BRACKET AND PULLEY ASSEMBLY**



**CAUTION:** This product should only be used under the direction of an authorized healthcare professional. Do not leave patient unattended.

**INSTRUCTIONS FOR ASSEMBLY:**

1. Attach the two pulley mechanisms to the V-wire by sliding the pulley hooks over the ends of V-wire.
2. Attach the door bracket to the V-wire by aligning the notch on the large end of the V-wire with the raised opening on the door bracket. Slightly angle the door bracket upward to insert the notched V-wire.
3. While squeezing the V-wire, insert the short end of the V-wire into the hole at the bottom of the door bracket.
4. Position the assembled bracket over the top of an interior door.

**INSTRUCTIONS FOR USE:**

1. Fill weight bag with the prescribed amount of water and seal bag.  
**NOTE: Do not exceed 20 lbs.** This set should not be used if more than 20 lbs. is required for therapy.
2. Position bracket and pulley assembly over the top edge of door.
3. Tie one end of the traction cord to the metal bracket located at the top of the weight bag. Check the knot to ensure it is secure. Thread the loose end of the cord over both pulleys.
4. Tie the loose end of the traction cord to the closed end of the S-hook. Check the knot to ensure it is secure.
5. Hook the open end of the S-hook to the center hole on the notched spreader bar.
6. Unfasten side straps of the head halter and slip head through the opening. The side straps should hang down against back.
7. Place chin on padded chin rest. Rest head on back portion of halter and fasten side straps. Side straps should reach underneath the ears and rest along the jaw.
8. If necessary, position a straight-back chair against door, underneath the bracket and pulley assembly. Otherwise, patient should stand under the bracket and pulley assembly, facing away from the door.
9. Place the metal D-rings of the head halter into the notches located on each side of the spreader bar.  
**NOTE:** The various notches on the spreader bar provide various degrees of tension.
10. When the therapy session is over, unhook the head halter from the spreader bar and remove the halter. Drain water from the weight bag and open the seal to allow the bag to air dry. After the weight bag has dried, store bag flat or rolled. Do not fold bag. Head halter can be hand washed and line dried. Do not machine wash.

**NOTE:** Traction set may also be used with patient facing door.